

“My Urticaria has gone down a massive amount and it’s only been a short space of time. Thank you Lorisia!”



April
BEFORE

Since her late teens, April, a receptionist from Manchester, had suffered with the painful skin condition Urticaria. At times her sore and weeping skin would become so red and swollen that she could barely open her eyes.

Although April wasn't a stranger to skin complaints, having suffered with eczema since she was a baby, the development of her Urticaria caused her to feel self-conscious and frustrated, destroying her confidence and causing a detrimental effect to her professional and personal life.

“...I have always suffered with really bad eczema which was on my body and I was able to hide, but having a condition on my face was totally different, I wasn't able to wear make-up, I work in private healthcare, meeting patients, consultants and visitors all day, I was so self-conscious the first time it happened I called in sick....”



April
AFTER

Recently engaged and beginning her wedding preparations, April was desperate not to let the condition spoil her big day and she decided to take action.

Initial consultations with a dermatologist lead to the prescription of steroid creams but reluctant to rely on these, April wanted to delve deeper into the root causes of the condition to see if she could improve her skin naturally.

“I asked my GP if there was any allergy/intolerance testing I could have but due to the cost, he wasn't able to provide this but did say it could be beneficial for me.”

Discovering Lorisia food intolerance testing, April decided to take a closer look into her diet to find out whether something she was eating could be causing her skin to flare up.

When she received the results of the simple fingerprick test, April discovered she had been experiencing reactions to gluten, wheat, dairy and eggs.





“When I first got the results I was a little overwhelmed at the amount that came up on the list and at how regularly I would usually eat these things.”

Although initially daunted, April was quickly able to optimise her diet, replacing her trigger foods with nutritious alternatives to keep her diet balanced, and the changes to her skin soon followed.

“Since receiving the results from the food intolerance test I have seen a huge improvement in my skin.”

Looking ahead to the future, and her forthcoming wedding, April is delighted to be seeing the benefits to her health and wellbeing since taking the Lorisian test.

“I am really looking forward to carrying on the diet, trying new recipes and my skin improving even more. My Urticaria has gone down a massive amount and it’s only been a short space of time. Thank you Lorisian!”



Lorisian advise that you consult with your GP first if you are experiencing the types of symptoms mentioned in this testimonial.



Taking the Test

Taking the test is straight forward, with no need to visit Lorisian’s laboratory. The results will be with within 7-10 days. The Lorisian 150 plus test is a full diet analysis covering a wide variety of food and drink ingredients including:

- | Wheat, gluten, yeast, egg whites and egg yolk
- | Animal milks including cow, goat and sheep
- | 12 different grape varieties
- | Herbal teas including green tea and rooibos (red bush tea)
- | 25 different herbs and spices
- | A wide variety of meat and fish
- | And more than 100 other ingredients

Contact your Approved Lorisian Practitioner today for more details about the Lorisian 150 plus test!

